

# Kursplan

Sommerferien  
21.06.-03.08.2019

Montag				Dienstag			
Dance Zone	Body Zone	Club Zone	VIP Zone	Dance Zone	Body Zone	Club Zone	VIP Zone
17:00 Beginner Ds Dance Club Teens 17:00-18:00		all Level Pole Dance Exotic 17:00-18:30		17:00 Beginner Hip Hop Teens / Adults 17:00-18:00	Beginner Ds Kids Club 6-11 Jahre 17:00-18:00		
18:00 Tanzfitness Move Latin Adults 18:00-19:00	Firmenfitness Geschlossener Kurs 18:00-19:00	Adults 17:00-18:30 Pole Dance 18:30-20:00	Adults 18:30-19:30 Bootcamp	18:00 all Level Hip Pop Teens / Adults 18:00-19:00	Intermediate Hip Hop Teens / Adults 18:00-19:00	Beginner High Heels Teens / Adults 18:30-19:30	Beginner Hip Hop Basics Teens / Adults 18:30-19:30
19:00 Tanzfitness Tanz dich fit! Adults 19:00-20:00		Beginner Pole Dance Adults 18:30-20:00		19:00 all Level Pop Ü25 Adults 19:00-20:00		Interm. / Adv. Contemporary Adults 19:30-21:00	Interm. / Adv. Hip Hop Basics Teens / Adults 19:30-21:00
20:00 Beginner Voguing Adults 20:00-21:30		Beginner Pole Dance Adults 20:00-21:30	all Level Urban Contemporary Teens / Adults 20:15-21:30	20:00 Intermediate Commercial Teens / Adults 20:00-21:30			
21:00				21:00			
Mittwoch				Donnerstag			
Dance Zone	Body Zone	Club Zone	VIP Zone	Dance Zone	Body Zone	Club Zone	VIP Zone
17:00	Beginner Ds Kids Club 6-11 Jahre 17:00-18:00	Beginner Hip Hop Teens 17:00-18:00		17:00 Intermediate Hip Hop Teens / Adults 17:30-19:00			
18:00 Beginner Dancehall Teens / Adults 18:00-19:00	Beginner Hip Hop Teens / Adults 18:00-19:00	Intermediate Hip Hop Teens / Adults 18:00-19:00	Tanzfitness Tanz dich fit! Adults 18:00-19:00	18:00 Firmenfitness Geschlossener Kurs 18:00-19:30	Tanzfitness Zumba Adults 18:00-19:00	Firmenfitness Geschlossener Kurs 18:00-19:00	
19:00 Intermediate Hip Hop Teens / Adults 19:00-20:00		Beginner Lady Hip Hop Teens / Adults 19:00-20:00	Firmenfitness Geschlossener Kurs 19:00-20:00	19:00 Beginner Hip Hop Urban Teens / Adults 19:00-20:30		Beginner Modern Jazz Teens / Adults 19:00-20:30	Fitness Bootcamp Adults 19:00-20:00
20:00 Intermediate High Heels Teens / Adults 20:00-21:30	Intermediate Hip Hop Teens / Adults 20:00-21:00			20:00 Beginner Burlesque Teens / Adults 20:30-21:45		Interm. / Adv. Modern Dance Adults 20:30-21:45	
21:00				21:00			

	Tanzkurse für Kinder / Kids Classes
	Tanzkurse / Dance Classes
	Tanzfitnesskurse / Dance-Fitness-Classes
	Fitnesskurse / Fitness Classes
	geschlossene Kurse und Trainings / Classes and trainings not open to public

Alle Kurse finden ab einer Mindestteilnehmerzahl von 4 Teilnehmern statt.  
The minimum number of participants for all classes is 4.